

the voice

Issue 3, 2018-2020 Biennium November 2018

Dear Members and Visitors,

8 November was Zonta International's 99th birthday. 99 years of truly amazing projects completed by women and their communities committed to empowering women through service and advocacy! Linking in with the UN month of eliminating violence towards women and children during November, every Zonta International club around the world will be participating in some way in the 16 days of activism, between 25 November and 10 December. Our many activities throughout New South Wales and the A.C.T. involve many women, men and community partners, as we 'envision a world where no woman lives in violence.' You will read of some of the amazing activities we are involved in, in the following pages.



On 25 November the District 24's AGM is being held at Roselle Hospital in Sydney. From 10 o'clock there will be Leadership and Board training with district leaders speaking on roles, committees and good governance. As we empower others in our communities, we in turn can empower ourselves. The training aims to increase knowledge of Zonta and encourage good governance to effectively manage clubs.

I'm pleased to announce Rita Sullivan of Zonta Club of Berry has accepted the position of UN Committee Chairman for D24. Dr Susan Boden, (Zonta Club of Canberra Breakfast) has regretfully resigned due to a change in her personal circumstances. I thank Dr Boden for her initial commitment and wish her well. Sadly, I visited Berry two weekends ago to be with the members of the Zonta Club of Berry as we gathered to farewell Margot Claringbold, a charter member of the Berry club who passed away very suddenly. Margot will be missed. Both circumstances was a quiet reminder of making time for others and enjoying every day.

On behalf of the District 24 Board members, committee chairman and myself, I sincerely hope you have a relaxing, enjoyable festive season. I look forward to sharing some of the district's celebrations with you for the *Zonta100*th year, in 2019.

Yours in Zonta,



Sharyl Scott Governor, Zonta International District 24 Inc





Lieutenant Governor's Message

Hello everyone,

Last month Zonta International released the form for the new Individual Member Category, approved as a pilot program for the 2018 -2020 biennium. Individuals can join Zonta International directly, without the need to be a club member and with no classification requirements.

This new category of membership may be attractive to past members of your clubs who could not commit the time to attend meetings or be involved with club activities but who upheld the objects of Zonta and believe in our mission and values. It may also be appealing to high profile people who cannot join a club but wish to support Zonta through a financial membership. It will be interesting to see the number and variety of people who choose to take up this style of membership over the coming months. There is a great article in the recent ZI newsletter, however if you missed it, here is a link to the relevant page on the ZI website https://www.zonta.org/Local-Action/Become-a-Zontian

Please remember that all your wonderful events are great membership opportunities – even your Christmas parties! Sometimes just witnessing the wonderful fellowship a social event provides can be the catalyst to converting a guest to a new club member.

Enjoy the festive season and I look forward to seeing many of you during my club visits in 2019.

Karen

Karen Tromp Lieutenant Governor, Zonta International District 24 Inc

Useful Information and Links

Zonta Says No Campaign

www.zontasaysno.com

Visit the website and download Zonta Says NO logo, social media images, infographics, banners and templates – share the information on your social media pages (club and personal) and help spread the word.

Area 2 Meeting Followed by Canberra Club's 50th Birthday!

Saturday 30th March 2019 in Canberra

Area 3 Meeting

Saturday 6th April 2019 hosted by Hunter-Newcastle

Australia New Zealand 2019 Conference

Friday 6th to Sunday 8th September 2019 – Brisbane Conference & Exhibition Centre www.facebook.com/Zonta-100-Australia-New-Zealand

Zonta District 24 website and Facebook

www.zontadistrict24.org
www.facebook.com/zontadistrict24

Zonta 100 Years website

www.zonta100.org



Social Media Toolkit for 16 Days of Activism 2018 25 November – 10 December

Social media will play a significant role in Zonta Says NO to Violence Against Women's presence during the 16 Days of Activism Against Gender-Based Violence.

There are three steps you can take right now:

- **1.** Follow Zonta International and Zonta Says NO on social media (<u>Facebook</u>, <u>Twitter</u>, <u>Instagram</u>) and like, comment and share the messages already being posted.
- 2. Visit and bookmark www.zontasaysno.com.
- **3.** Focus on ending child marriage, the 2018 campaign issue for Zonta Says NO to Violence Against Women.

Here is how you can spread awareness about the campaign on your personal, club, area and district social network profiles:

- Change your profile photo and cover photo to an image selected from the Zonta Says NO image library [<u>Dropbox image library</u>]
- Use the hashtags:
- #ZontaSaysNO
- o #EndChildMarriage
- o #16Days

Starting 24 November Zonta Says NO to Violence Against Women campaign Here are two key ways you can participate in the Zonta Says NO to Violence Against Women campaign:

- Be a part of making our important message going viral. Each day, starting 24 November, Zonta International will release a new graphic that highlights important facts that illustrate the need to end child marriage. When you like, comment and share these original posts, the message of Zonta says NO to violence against women and child marriage will be seen as highly engaged content and will stay relevant on social news feeds. The longer the posts stay on the news feeds, the larger our audience will be throughout the campaign.
- **Share how you are saying NO.** Share with the rest of the world what your club, area and district are doing this campaign year to end child marriage through your local service and advocacy actions by filling out the Share Your Story form on zonta.org. These actions will be shared on zontasaysno.com and on our Twitter network.
 - Please note that these graphics will not be shared prior to them appearing on Zonta International's social media so as to better position Zonta international's message in the social media networks.



Sample messages to share on Facebook, Twitter and Instagram:

Engage your social networks before, during and after your event by copying and pasting these sample posts:

From now through 10 December, Zontians worldwide will say NO to violence against women and work to end child marriage. See how at www.zontasaysNO.com. #ZontaSaysNO #EndChildMarriage #16Days

I pledge to say NO to violence against women and end child marriage. Join me at ZontaSaysNo.com #ZontaSaysNO #EndChildMarriage #16Days

Zonta has the potential to reach 2.5 million girls in 12 countries through the #EndChildMarriage project with @UNICEFUSA, @UNICEF & @UNFPA. Learn about the project at foundation.zonta.org/EndingChildMarriage. #ZontaSaysNO #EndChildMarriage #16Days



RAISE AWARENESS AND FUNDS ON FACEBOOK

To make it easy for clubs to raise money, Facebook have built tools to enable Zonta Clubs to raise funds to benefit your club. The best part is NO FEES – 100% of donations will go directly to your club.

Facebook has partnered with the PayPal Giving Fund which enables charities to fundraise on Facebook for the first time.

With more people engaging via social media, it is an easy way to spread news and encourage new supporters.

Post Donate button

The donate button is a quick way for people to donate to support your club without leaving Facebook. Add the button to your posts, making it easy for supporters to tap and donate.

Page Fundraisers

Set up a fundraiser for your club – set up a dedicated page to share your club's story, tell others what you are doing and build support to achieve a fundraising goal.

For more information, visit https://donations.fb.com/en-au

Z Club Report

Congratulations to Sydney West who are ready to Charter a new club and to Armidale who are planning a second club!

St Mary's College, Z Club has voted in their new senior Executive for 2019. During their Foundation Day celebrations, the Z club decided to create an advocacy display against domestic violence. They are planning a pizza day for the end of November to raise money to assist the purchase birthing kit equipment for the Zonta Club of Wollongong.

ZCNB -Mackellar Girls Campus cohosted our Annual Advocacy Dinner. The Board was presented with their Badges and a Yellow Rose. The planning for 16 days of activism is well under way including using the photo from last years NO to Violence formation as a screen saver for the time. They will join us in the White Ribbon Walk. This week they stuffed 40 Breast cushions during their meeting.



Page 7 © ZID24Inc www.zontadistrict24.org

Area 1 Botany Bay

The Zonta Club of Botany Bay continues to advocate for women in our community and to strengthen partnerships with those who would enable us to do this. Our current President Robyn Fague has accepted with delight, a Community Award from the Georges River Council on behalf of our Club, for consistent effort in this regard.





September saw our annual YWPA Awards night, which again evidenced the wonderful promise there is in the women of tomorrow, and which saw our greatest number of attendees ever – 140! Our Speakers were more than impressive and our winner for 2018, Winona Su from Kogarah High, will surely be heard of well into the future.

The Club has now forged a partnership with the Zonta Club of Orange in support of the drought relief initiative, offering financial support to a CWA function in Condobolin. We have been blessed with some great speakers at our Dinner Meetings and one such was Sarah Tillott, who speaks on resilience and emotional intelligence. Sarah has written books for children on this topic and is very engaging.



October saw many members and friends packing toiletry bags for Kookaburra Kids camps and for the students who help us with our Birthing Kit assembly days. This is always a cheerful task, with great conversation and food whilst we pack, pack, pack! Further to our support of victims of domestic violence, we were able to deliver care and exit packs to our community partners, Moving Forward, to give to clients as they seek to begin new lives in safety.

Hornsby Ku-ring-gai

New ways of working is a continuing theme for our club this biennium. One way to get more bang for our bucks at our monthly meets has been to occasionally host at members' homes. Lynne S recently held a meeting at her home with guest speaker from the Hornsby branch of the Country Women's Association. Hornsby may no longer be in the country, but CWA membership remains strong and we learnt that this trusted organisation has been instrumental to the distribution of emergency funds to women and their families throughout rural NSW during the recent drought. We raised a little money ourselves at the meeting which we were pleased to donate to drought affected women.

President Janice works in Ku-ring-gai but now lives in the Northern Beaches. She recently hosted a weekend lunch meeting at her spacious new home. We stuffed breast care cushions and ourselves with the lunch treats we brought to share. We were delighted to have visitors Margaret and Evelyn from ZC Northern Beaches join us to share their club's success stories. It was great to share information and ideas and we hope to collaborate more in future.



Northern Beaches



"Oh, what a Night!" was the comment from one of our new members after attending our annual Advocacy Dinner in October at the DYRSL, where the room was packed with over 160 guests, including 6 Councillors including Mayor and Deputy Mayor from Northern Beaches Council. Tracey Spicer AM, author and journalist proved to be a very entertaining Guest Speaker. Her presentation of discrimination in the

workplace and inequality were well received by the audience. After the event she was available to sign copies of her book 'Good Girl Stripped Bare'. The dinner was co-hosted by our Z Club Mackellar Girls and they were in awe of the evening and interesting information.

Inspiring Women, a likeminded group of business women on the peninsula, who mentor women in business donated some fabulous prizes to our raffle, this really encouraged good sales. DYRSL is a major sponsor of our Club, and we thank them for their support. With our wonderful partners and supporters, we raised over \$7150 for future projects.

Next year will be an even bigger event celebrating 100 Years of ZI! ZCNB are ready for 16 Days of activism this month watch out for our daily posts on FB.



Sydney

During October, club members were impressed by a confident presentation from our *Young Women in Public Affairs* awardee, Jeanne Shu. It was evident that past participation in her local government youth advisory council had inspired her passion for service and public policy. Currently studying a Bachelor of Commerce/Law at USYD, Jeanne will travel to the US in summer for an internship with US Congressman Peter Roskam.

We also heard from the CEO of the Women's Justice Network (WJN), Gloria Larman, along with non-executive Director, and Chair, Natasha Thompson. As part of the Keeping Women out of Prison Coalition, WJN is one of our key advocacy projects. Gloria and Natasha outlined some challenges of risk assessment, board restructuring, and plans for ongoing mentoring programs, which have significantly reduced the rates of recidivism in women affected by the criminal justice system.

On Saturday 27th October, club member Johanna Adriaanse, organised 'The Numbers Game', a fun day of observational and sporting challenges to exercise members both mentally and physically! Eighteen of our members, family and friends walked 8000 steps, climbing to 492 feet above sea level, and learned that Zonta has 29,000 members in 63 countries! Competing in some friendly bocce, hockey and golf, the day raised money to fund 400 birthing kits.

November 28th – Shopping event at Abbey's Bookshop where 10% of sales will be donated towards ZCS's worthwhile causes. What a great way to tick off the Christmas list!





Sydney Breakfast



The Zonta Club of Sydney Breakfast proudly celebrated its 20th anniversary this month at the Shangri-La in Sydney. On this momentous occasion, we welcomed guest speaker Professor Shirley Kaye Randell AO and Honorary Zontian, who reported on the recent United Nations Commission on the Status of Women (UNCSW). We also reflected on our service, advocacy and fellowship with our Charter President, Olivia Sarah-Le Lacheur.

Current Club President, Temre Green PhD, chaired the event and commented, "I felt so proud hearing our Club's rich history of service and advocacy, while also looking at the journey ahead to gender equality and the role Zonta plays with the CSW."





The Club hosted a Birthing Kit Assembly Day on November 18th with over 30 volunteers, made up of Zontians, their friends as well as volunteers from the National Council of Jewish Women of Australia (NCJWA). There were lots of first-timers as well as a few very experienced hands, and together

we assembled 1000 kits in just over 2.5 hours!

Our Club wishes to acknowledge and thank the team from Calmar Corps, who sponsored our anniversary event as well as supported (with donations and volunteering) our Birthing Kit Assembly Day. The Club also thanks that NCJWA for their venue and generous lunch.



Sydney East

September meeting speaker

Speakers at our monthly club meetings are often from a service organisation working with charitable groups for improvement in the lives and circumstances of women in our community and abroad. At our August meeting we had a different approach with a self-improvement speaker, Margaret Munoz, of *Tangible Results*.

Tangible Results is committed to supporting professional people and other individuals who wish to pursue their highest calling, live their greatest potentials and contribute their gifts to the world by building peace from the inside out. Margaret whose office is based Abbotsford is a passionate advocate of Emotional Freedom Technologies (EFT Tapping) which she noted has transformed thousands of lives around the world.

She spoke to us at length about this self-empowering and effective methodology which originally began in the US by Psychologist, Roger Callihan.

October meeting speaker

At our October meeting the guest speaker was Alice Oppen, OAM who is Chairman and founder of *Women's Plans Foundation* - a service organisation which she started in 2002.

WPF is a charitable trust raising funds for family planning as an integral part of overseas aid programs in Asia and the Pacific. Their aims are to introduce Family Planning in order to reduce maternal and child mortality rates and empower women and families where it is most needed. WPF's unique contribution is to ensure that family planning is an embodied part of health programs mainstreaming contraception.

To carry out its plans WPF has five major Australian aid partners in Asia and the Pacific including *Care Australia, Childhood Australia, Marie Stopes, Australian Doctors International* and *Save the Children*.



Sydney Hills



Our loyal and faithful Zonta Club of Sydney Hills participates in many activities to either raise funds for our Service Projects or directly participate with our Associated Community Organisations to raise awareness to Zonta's focus.

Earlier this year we participated with the Teachers Mutual Bank and the Birthing Kit Foundation Australia to produce 600 Birthing Kits. It was our first experience with this bank and we were surprised to see the efficiency of this group and the fact that they could have produced double this quantity. Teachers Mutual Bank have conveyed to our representative that they will be more than willing to cooperate with us again next year to make at least double the number of these Birthing Kits.

This year we also partnered with Bunnings at Castle Hill on two occasions simply as a fund raising and raising Zonta Awareness in our community.

We are aware that many of our clubs participate in such BBQ's, but our ladies disseminate a considerable amount of information. In the next issue we will let you know about our other adventures.



Sydney West

Sydney West is very busy this time of year with schools wanting guest speakers for 16 Days of Activism and our presence at school speech days to give out our Sydney West Awards. There are now 18 local high schools in which we present the Year 10 Citizenship Awards for girls and the Young Men Standing Strong Against Domestic Violence for the boys. Again, this year, all awards are funded by sponsors from the local community.

We will be marching through Lakemba again this year with the Campsie Police Command and other community organisations in the "Partners Against Violence" initiative, joining our widely diverse community in a tremendous showcase for peaceful partnerships.

Our annual Musicale will be a highlight as usual, promoting local talent (including club members!) and raising funds for our activities. Meetings for our developing Z Club are being held this year, ready for chartering in 2019, achieving a centenary goal.

An article in our local paper about Sydney West was followed by a request from the local radio station, 2NBCFM, to re-establish a monthly interview about the Club. The station reaches an audience from Penrith to the coast, so we are anticipating a good response from the coverage.

Area 2

Canberra

The Club has had a busy time over the last few months. We continue to support the Vinnies' Street to Home Program in Canberra with money raised at our Bunnings BBQs. By the end of the year we will have conducted 5 Bunnings BBQs.

We are busy organizing a Joint Dinner to launch our "ZONTA SAYS NO TO VIOLENCE AGAINST WOMEN" 16 days of Activism along with Zonta Club of Canberra Breakfast on Saturday 24th November – to be held at one of the restaurants at Old Parliament House. We have invited speakers from 2 local Womens' Refuges, including Beryl which is the oldest Womens Refuge in Australia (est 1975) as well as a representative of Menslink.

We will be using our December meeting to collect items for a hamper for Beryl, one of our local Women's Refuges.



Canberra Breakfast

It has been a jam-packed couple of months, with more to come for the Zonta Club Canberra Breakfast. Here's a brief overview!

We continue to grow strongly with the induction of 3 new members at the October meeting and another at the September meeting. Many hands make light work!

On November the 4th, we hosted a successful Movie Fund Raiser with the Movie Bohemian Rhapsody, the story of Freddie Mercury, all funds raised will be directed to birthing kits.

We also had the privilege of hosting an evening with Dr Luc Mulimbalima and Dr Julie Monis-Ivett. Dr Julie gave an overview of her visit to the Democratic Republic of Congo and explained the far-reaching effects of the Birthing Kits, Dr Luc gave an overview of the Mid Wife training program, the micro loan program and the schools for orphans he is overseeing. He outlined some of their ongoing needs, including mobile phones for the midwives, so they can call for help if required. The evening had a powerful impact.





In preparation for the 16 days of Activism, Nathan Costigan, chair of the Tara Costigan Foundation addressed our monthly meeting and stated the facts of the day his cousin Tara was murdered in a Domestic Violence Event. Nathan was open and vulnerable, outlining the impact on the immediate family, extended family and local community. Another powerful presentation.

This was followed by a SIP, Stuff and Sew event where we came together to Stuff and Sew breast cushions for the local area.

We are also preparing for our upcoming activities for the 16 days of activism – more on that next time.

Macarthur

The Club held their *Annual Dinner* on Wednesday 26 September 2018 at WESTS Leagues Club, Leumeah the celebrate the occasion of the achievements of young women. The Club's *Jane M Klausman Women in Business Scholarship* was won by Taslima Haque who studies at Western Sydney University.

The winner of the *Macarthur Young Women in Public Affairs Award* was Anneliese Munro, Elderslie High School. Lauren Emery, Eaglevale High School received a Highly Commended award and Tabeea Jamal, Macquarie Fields High School received a Commendation award.

The Club's Achievement Award for a Young Indigenous Woman was won by Rebecca Hatch, Campbelltown Performing Arts High School with Joint Runners Up, Codi Abbott and Emma-Leigh McGuinness from Sarah Redfern High School. Another highlight of the evening was the presentation by special guest speaker Ms Karen Endicott, Director of Educational Leadership, NSW Department of Education. She showed how leading and inspiring others with energy and innovative thinking can bring about significant educational change. Her speech was inspirational and well received by those attending the Awards Dinner function.





The Club's Annual Pack & Wrap for the local Macarthur refuge services was held on 10 November 2018 and was hosted by Rhonda Hutchinson at her home. Members and volunteers wrapped beautiful comfort cuddly hand-knitted dolls; and packed a wide range of kitchen items, household resources and toiletries. In addition, a local dentist had also provided some very helpful information pamphlets on accessing dental services and dental health management to assist women and their families being supported through refuge services.

Nepean Valley

Our **Zonta WomenAlive!** Festival took place on Saturday 27 October at Glenbrook Public School. A full program of speakers addressed issues affecting women across a diverse range of fields and information stalls provided access to a range of services for women. A clothing swap stall proved to be a big draw card and the Devonshire teas served by our members were in big demand. During the week running up to WomenAlive! We were given an opportunity by Penrith Westfields to host an information stall to promote the festival and display our various Zonta Projects.





Zonta International endorses the **HeForShe campaign** created by UN Women, and encourages Zonta clubs to engage men in the community to join the campaign. Towards that end, the Zonta Club of Nepean Valley's "HeForShe Award" is an annual award that is aimed at recognising men in the local and surrounding areas who have supported or advocated for improving the status of women. This year we were proud to present the award to five

worthy recipients:

- Luke Priddis, nominated by 2017 award recipient Andew Paech for his support of parents, particularly single mothers of children on the spectrum through the Priddis Foundation;
- Andrew Russek and Greg Woodward who are both very supportive members of the Zonta Club of Cumberland West, nominated by Irene Moritz;
- Air Vice Marshal Steven
 Roberton DSC, AM, nominated by
 Del Gaudry for his support of women in
 the RAAF.



Orange

On Wednesday 21st November seven members of the Zonta Club of Orange travelled out to Condobolin to help host a "Women's Wellness Expo"; targeting the health and wellbeing of the women experiencing the strain of the drought.

Taking into consideration all aspects of what it means to be "well" we had collaborated with the local CWA in the area to organise guest speakers, displays and demonstrations.

Through the generosity of the Zonta Club of Botany Bay and funds we had allocated from our annual Antique, Jewellery and Vintage Fair, we provided morning tea, lunch, a goodies bag to take with them at the end of the day along with special door prizes bought from local Condobolin business to give to thirteen lucky women.





Wollongong

Our club held a very successful fundraising event in October with a wine tasting presented by Strawhouse wines of Orange. This was a very pleasant afternoon of fellowship at member Sheldri Weston's home.

Two trainers from the Red Cross attended our October meeting and ran a workshop entitled In Search of Safety. This workshop gave an insight into the challenges and barriers faced by many refugees fleeing to safety. It was a thought-provoking presentation which encouraged us to put ourselves into the shoes of a refugee and face the difficult decisions many have to make.

During the days of activism, we will be engaging local businesses and community groups to be photographed with Zonta members and our "Silent witnesses" to show solidarity and support for those impacted by family violence. These photographs will be shared in the local newspaper and on social media and in the various workplaces and businesses. The attached photo was taken at a fundraising fashion Parade at Blue Illusion on 15th November.

At our November meeting we will be assembling 12 tubs of household goods for the local women's refuge. These tubs provide the basics for women moving into new accommodation. We will also be inducting our newest member.



Area 3

Armidale



Our Club is very excited to announce that we have submitted the paperwork to ZI for a new Z Club at Armidale Secondary College. Two local state high schools (Armidale and Duval) will amalgamate in 2019 to form the new College. At present, charter members are from Armidale High School, where we have been working for some time to establish a club, and we anticipate (former) Duval HS students will join in 2019. We already sponsor a very active Z Club at O'Connor

Catholic College and look forward to members of both clubs getting to know and help each other.

One of our Club-specific awards is the Sabine Altmann Memorial Award and this year's winner is Kamala Subedi. Kamala came to Armidale from Nepal to study a Masters of Social Work at UNE. She had already worked in the area of domestic violence in Nepal, both with government and non-government organisations, researching domestic violence in the lives of women during rebellions, and supporting many campaigns in Nepal. She wanted to expand her knowledge though further study and plans to return to Nepal to continue her work. She is a strong believer in reducing domestic violence through advocacy, awareness, policy lobby and service to victims. Award value is \$1000.



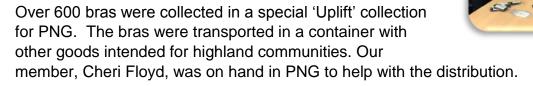
Coffs Harbour

A very special night on our calendar is always the YWPA Award Dinner. Five schools nominated students with the remaining four advising us that they did not have a student to meet the criteria. The five nominees were all exceptional in their own way. We chose Oriana Watts from Toormina High School as our YWPA Club winner for her leadership achievements and her future aspirations. Alexandra Rook from Woolgoolga High School was chosen as the Pat Funnell Award winner for her leadership achievements. Dave Funnell and Mayor Denise Knight were in attendance to present the awards.



Thank you to our new Area 3 Director, Jill Maclachlan, who travelled to Coffs Harbour to help at the Birthing Kit Assembly held at Coffs Harbour High School. This

was the first BKA assembly for this school and by all reports the students and teachers involved were looking forward to being involved in another assembly day in the future. 200 kits were packaged in the morning with the senior students working hard to raise funds to purchase the supplies.



With the 'Zonta Says No' advocacy period fast approaching, Zonta members attended a 'Domestic Violence Bystander Training Night' delivered by facilitators from the Warrina Domestic and Family Violence Specialist Services. This was a BPW (Business and Professional Women) initiative and is another example how our small club supports and is supported by our 'sister' clubs.

Bunnings asked us to fulfil a cancellation date, so we quickly whipped a team of Zonta members and partners into action. It was a very busy day even though it was World Rally weekend. Thank you again to BPW Coffs Harbour for helping us out with the roster. A Blue Illusion Fashion Parade has also helped to keep our fundraising account healthy.

Hunter Newcastle

It's been a busy time at ZONTA Hunter Newcastle with activities galore. Our refuges in Newcastle were in desperate need of non-perishable and tinned food so two drives were conducted to assist them, particularly given the lead up until XMAS. We have been fortunate with a local pharmacy stepping up to the plate and placing a box in their foyer for their customers to donate food, and this is being cleared regularly. They will continue this up until Xmas, so well done Piggotts Pharmacy!



We awarded a TAFE scholarship to Pauline Stewart and we wish Pauline well with her studies. We were fortunate to have our Area Director attend with one of our members Tania Harley to participate on the day.

As part of our commitment to 16 days of activism, we have conducted a wonderful and very tempting cake stall at the inaugural NSW Police Family Fun Day, at beautiful Speers Point park, with funds raised going towards a very active local organisation Survivors R Us, fantastic band, stalls, games & a great chance to be seen!



Our October meeting saw 3 new members inducted, which was a great thrill for our Club as we march on towards that exciting 50 member mark. Welcome to those new members and we look forward to welcoming another 3 at our December meeting.

Port Macquarie

Held on Saturday 27th October at MacKillop College hall, the event was attended by 53 students, teachers, members and friends. We packed 1,000 birthing kits in just over an hour! Their eventual destination will be advised in due course.

Our grateful thanks go to everyone who participated. Also, to MacKillop College Year 9 students who did the preparation - soap, folding plastic and cutting string etc.

Lunch on the day was provided by MacKillop College.

We enjoyed a talk on Nepal project with Australians 4 Women's Health nurse Louise Harper; Two YouTube stories about the birthing kit journey; presentation of certificate to major sponsor Fran Scutts of KFC; and multiple raffle draw.

We were pleased to welcome Area 3 Director, Jill Maclachlan who popped in for a couple of hours.



